**CASE**

**Can he handle it?**

Antonio (Anto) is a 16-year-old brought to the hospital after a fall. Anto and his family have just recently moved to Canada from Mozambique. Although Mum can hold basic conversations in English, Anto and Dad cannot, as they only speak Makhuwa and very little Portuguese. In gathering the patient and family history, using Mum as a translator, it was discovered that Anto fell during a psychotic episode and was previously diagnosed with schizophrenia. The parents consented to a referral to the Child and youth psychiatry team, and a mental health practitioner, Precious Mbabazi, visited Anto in his hospital room.

Mom signalled to Precious to have a conversation outside the room. There, she told Precious that Anto could not be informed of his diagnosis of early-onset schizophrenia. She relayed that they (the parents) have known about this for a year, prompting them to move out of their home country to seek better care for Anto. However, in their culture, parents must protect their children and not burden them with heavy information. She and her husband also want Anto to enjoy his new life and assimilate into his new environment without carrying the extra weight of his diagnosis.

Although Precious understands this request, she is concerned about how to proceed as it goes against her values of being honest with her patients, ensuring that they are part of the decision-making process, and she worries about her professional obligation to this patient.