

# ETHICS & RESILIENCE GRAND ROUNDS

Organized by PEaCE (Program for Ethics and Care Ecologies)

## Nutrition and Hydration at End-of-Life

Dawn van Engelen, RD, MHSc (Bioethics) Dietitian,  
West Lincoln Memorial Hospital

**April 30, 2025 | 12:00 - 1:00 pm**



Food and drink are basic physiological human needs. Discussing feeding and hydration goals during medical care, especially at the end of life, often engages the emotional, intuitive, and empathetic aspects of care. As a result, these conversations can present ethical dilemmas for the healthcare team.

In this presentation, we will explore:

- Artificial nutrition and hydration, and how do they fit within a patient's Goals of Care
- The potential benefits and burdens of tube feeding and artificial hydration
- Various cultural and religious perspectives on artificial nutrition and hydration
- Ethical considerations around artificial nutrition and hydration and,
- Comfort Feeding guidelines

[Join the Teams Webinar now](#)

Meeting ID: 293 535 342 961

Passcode: PY2CE2rb

**Questions?** Contact Sue Pantitis ext. 73661 or [pantitis@hhsc.ca](mailto:pantitis@hhsc.ca)